



March-April 2024 Residency Times

Resident Spotlight: Wayte DaVill, PGY2

*Family Medicine Residency, Ascension Providence Rochester Hospital (APRH),
Rochester, MI*

Residency Times: How did your journey in medicine begin?

Wayte DaVill: I was born and raised in Elk Ridge, Utah. From an early age, the allure of medicine captivated me. As a child, my aspirations were set on veterinary science before shifting toward pharmacy during my high school years. This newfound interest led me to obtain a Pharmacy Technician National License at the tender age of 17, which subsequently led to my experience working in both hospital and retail pharmacy settings for 6 years. During this time, I obtained a BS in biology at Utah Valley University.

The enriching experiences gained throughout my tenure in pharmacy sowed the seeds for a budding interest in medicine, leading me to opt for medical school over pharmacy. I completed my medical education at the American University of Antigua in Antigua and Barbuda. After earning my degree, I devoted a year to epidemiology as an Ohio State Contracted Regional Supervisor managing COVID-19 pandemic responses across 16 counties in Ohio; this role entailed overseeing contact tracing, case interviews, and broader epidemiological efforts. I also gained invaluable clinical experience at Richmond University Medical Center in Staten Island, New York, and at three locations in Ohio: Summa Health in Akron, Steward Health in Trumbull, and Mercy Health in Youngstown.

The cumulative impact of both my father's role as a program manager for the Utah Department of Health and all my clinical experience initially directed me toward the WSU School of Medicine residency programs' emphasis on preventive medicine, a field that married my interests in medicine and public health. However, during my first postgraduate year at APRH I discovered a newfound passion in hospitalist care. This prompted a thoughtful pivot toward a residency in Family Medicine, despite the appeal of preventive medicine and its concentration on outpatient care.

RT: What inspires you in the practice of family medicine?

WD: FM offers a multifaceted platform whereby I can maintain my dedication to public health, exemplified by my current master's studies in community health at Wayne State. My clinical training has largely addressed men's health, HIV medicine, addiction medicine, gender-affirming healthcare, and cosmetic medicine. I am eagerly working toward a certification in

cosmetic medicine and as HIV specialist (the latter from the American Academy of HIV Medicine), with the intent to acquire them both by late 2024.

RT: Are there wellness strategies you find particularly beneficial?

WD: My approach to wellness is twofold, centering on ample rest and effective stress management. To this end, I rely on a meticulously organized planner with monthly, weekly, and daily schedules. This enables me to strike a balance among my professional commitments, personal interests, and quality time with my loved ones. Those loved ones would include my partner Greg, our son Logan, and our beloved dogs, Genevieve, Violet, and Rose, with whom I share a home in Gross Point Woods.

RT: Can you tell us more about your previous experiences as an entrepreneur?

WD: Before embarking on my medical school journey, I ventured into the e-commerce domain with DaVill Blinds, a company that specialized in nationwide delivery and self-installation of window coverings. Upon returning from the Caribbean, my entrepreneurial spirit took a delightful twist with the launch of N2 by DaVill, a chain of nitrogen ice cream parlors, which later evolved to include Crumbles Bakery. This bakery not only offered baked goods but also provided employment opportunities for individuals with disabilities.

However, prior to the onset of the COVID-19 pandemic, I relinquished my share in both ventures to my former business partner. Unfortunately, the health risks associated with the pandemic led to the dissolution of Crumbles Bakery, and, to the best of my knowledge, the ice cream locations have since been sold.

In the future, I aim to integrate my business acumen with my pharmaceutical and medical expertise to develop strategies which deliver exceptional healthcare services while also reducing healthcare costs.