



Nov-Dec 2021 *Residency Times* From Your DIO

The Gold Foundation supports a range of awards, scholarships, and training programs; they have seeded the White Coat ceremony for decades, a ritual that takes place at 99% of US medical schools, as a means to foreground the importance of humanistic approaches to patient care. The GHHS has more than 175 chapters in medical schools and residency programs, with approximately 40,000 inductees who serve as role models and stewards of the discipline via their “demonstration of excellence in clinical care, communication skills, compassion, integrity, moral judgement, leadership, and commitment to humanism.” GHHS membership has been viewed as an important factor in the residency selection process (especially for primary care programs), and as a result an indicator of membership was added to the ERAS application in 2015. Any resident, fellow, or faculty member can nominate an individual; information about the process can be found [here](#).

Partially in response to the pandemic, GHHS launched a National Initiative on Humanism and Healing: Structural Racism and Its Impact on Medicine in 2020, encouraging GHHS members to use their leadership roles to develop discussions about racism and its impact on healthcare in their communities and thus create “spaces for grieving, processing, and bearing witness around this topic.” Respecting the humanity of our patients as well as caring for our own is especially crucial during COVID times,

when it may seem that endless, taxing hours may diminish our capacity to express empathy toward others' pain and loss. As medical educators, we should help our trainees understand fully the intersections between clinical practice, professionalism, and wellness. The [Gold Foundation](#) provides multiple resources across various platforms for cultivating and maintaining well-being during the pandemic via use of principles and tools informed by humanism.

On behalf of all of us at GME, I would like to wish everyone a safe and peaceful holiday season and 2022.

Anne

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