



**Sept-Oct 2020 Residency Times**

Resident Spotlight: Dr. Haria Henry

2020 Family Medicine - Urban Track (FM-UT)

**GME: Where are you from, and where did you grow up?**

HH: I was born and raised in Tallahassee, Florida.

**When/why did you decide to pursue medicine as a career?**

My father is a pediatrician, actually the first black pediatrician in the Tallahassee community. Seeing his dedication and hard work when it came to his patients inspired me to become a doctor from a very young age. I remember some of his patients would bring him fish that they had caught as a “thank you” because that’s all they could afford.

**Where did you complete your undergraduate degree, and which medical school did you attend?**

I graduated from Florida State University, where I was pre-med and earned a degree in exercise physiology. I graduated from the Escuela Latinoamericana de Medicina (ELAM) in Cuba where the curriculum was all in Spanish, which granted me the opportunity to become bilingual in English and Spanish.

**How did you hear about the FM-UT program at Wayne State University?**

I heard about the Family Medicine program from one of the current residents (Alicia Steele) who graduated from the same medical school. She expressed to me the commitment this program had to underserved patient populations, which aligned with my ideals as a community doctor. I believe having access to health care is a basic human right that everyone should be afforded, no matter your race, age, or socioeconomic background. This program is dedicated to the disenfranchised and often forgotten, a program in which I want to train.

**You’re the resident representative on the statewide MIDOCs Advisory Council. How were you selected for this role, and what are your responsibilities as a member?**

It was presented to some of the interns in the MIDOCs residencies that there was a position available on the Advisory Council. We talked amongst ourselves, and it was decided that I would be the representative on the council. My responsibilities include providing input about the implementation of

the program, including review of specialty positions and residency spots. I will also offer feedback on data gathered for program evaluation and detail my experiences as a resident physician in one of the MIDOCS Residency Programs, which displays the importance and achievement of this initiative.

**What are your impressions of the FM-UT program so far? What do you think of Detroit?**

I feel at home at the FM-UT program so far. It is reassuring to be around other residents and faculty who share the same ideologies about working in underserved areas. It is also beneficial to have built strong friendships with my fellow residents, who have become like a second family. I enjoy Detroit and all it has to offer. I could see myself being here long term.

**What would you advise to medical students who are considering applying for the MIDOCs program?**

I would advise medical students that are considering applying to this program that they need to be dedicated to helping the community they serve. Uplifting and empowering your patients as a physician creates a better and healthier society.

**What are your research interests? Are there areas you'd like to explore for your Quality Improvement project?**

I am interested in mental health. I would like to do some research pertaining to how mental health can affect someone's physical health. Having a better understanding and management of their mental health allows patients to make better judgements and decisions when it comes to their physical health.

**What are your plans after completing your residency?**

I see myself working for underserved populations, in the areas of mental health and addiction. I also plan on obtaining a master's degree in population health. To fully serve a community, I need to understand health outcomes, patterns of health determinants, and policies and interventions.

