

STORY FROM THE FRONTLINES

The COVID-19 pandemic has affected everyone's life in some way. Never even in my dreams did I imagine that I would be dealing with a pandemic during the first year of my residency. The year of residency did not change the pandemic experience, since it was all new for everyone, ranging from administration to medical staff. But the first year is the time when one is transitioning to a whole new experience of being the primary caregiver and patient advocate while simultaneously making future choices and becoming more involved in research and attending conferences. Taking care of patients and their families was emotionally draining, and devoting time to personal development and research along with this was a daunting challenge. However, with the help and guidance from my mentors and support of co-residents and friends, I was able to continue research work and submit it to conferences.

Mishita Goel, MD
Internal Medicine

Dr. Goel, center, with (from left) fellow IM residents Michael Meehan, Yashar Eshman, Kristen Hughes, Danyal Taheri, Jurgena Tusha, and Program Coordinator Dawn Bolles, at Ascension Providence Rochester Hospital



(L to R) Mishita Goel and Zachary Johnson



(L to R) Verisha Khanam, Bernadette Schmidt, Padmini Giri, Mishita Goel, and Mary Dickow



(L to R) Victoria Gonzalez, Mary Dickow, Gloria Hong, and Mishita Goel

