



**From Your DIO
Marvin
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In the past, GME has collaborated with Marvin to host interactive webinars for residents only, such as one on *Healthy Boundaries for Improved Self-Care* in the fall of 2023. Marvin maintains a slate of similar events, addressing topics like *Communication Strategies for Stressful Conversations, Positive Psychology and Wellbeing, and Building Interpersonal Skills Across Generations*. In addition, Marvin can tailor wellness sessions to fit the specific needs of individual programs, free of charge. Those interested can contact Marvin's Director of Clinical Services, Jacinta Harman, at jacinta@meetmarvin.com, or send me an email and I'd be happy to connect you.

GME is pleased to (re)introduce Marvin to our trainees and program leadership, and I encourage those seeking assistance to take advantage of this invaluable resource for addressing the challenges of residency education.

Anne

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[Marvin FAQs](#)

[Flyer](#) with QR code, repeated below

Marvin 24/7 on-call Client Crisis Support Services **888.404.1163**

